

Activity Pack



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Joy

This Activity Pack contains lots of fun ideas to help families explore the theme of **joy** from the Cheeky Pandas episode "The Drum Machine". Find out what the Bible has to say about **joy**, talk about what **joy** means to you and have fun making things to remind you that God wants us to be filled with **joy**.

You can watch the Cheeky Pandas episode "The Drum Machine" on cheekypandas.com

For more Cheeky Pandas fun, head to RaiseUPfaith.com You'll find lesson plans (including even more activities and games) for churches to use in children's ministry, as well as collective worship sessions, perfect for primary schools.



It's in the Bible!

"Be full of joy in the Lord." Philippians 1:3 (ICB)

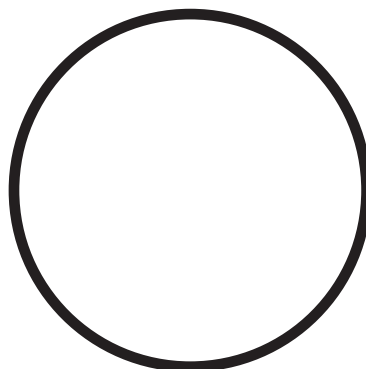
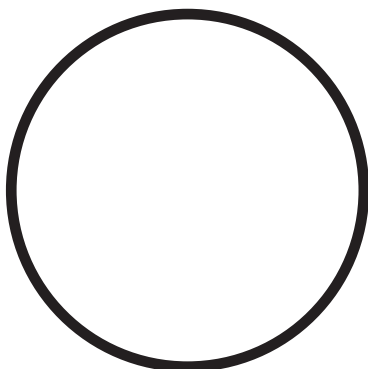
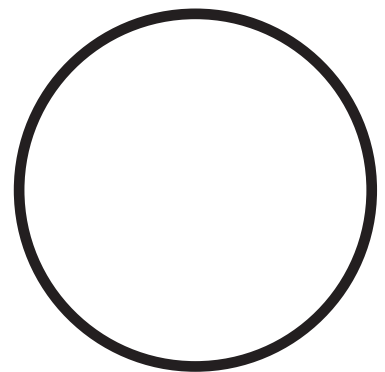
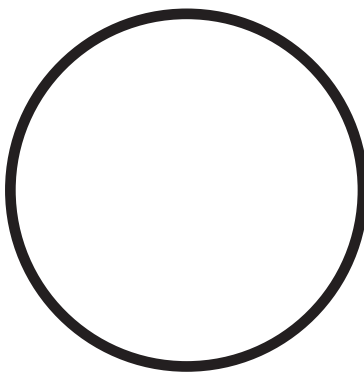
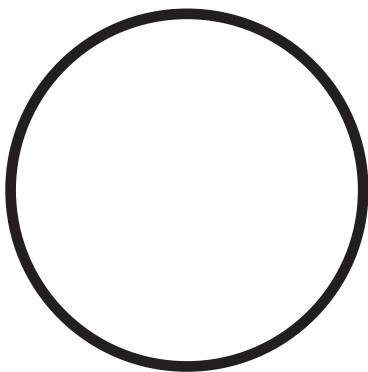
Let's chat!

What makes you feel joyful?

Can you think of situation where you might want to ask God to put joy in your heart?

Let's look!

Fill in these circles with the things that bring you joy...



Food Challenge



Today we are making Banana Lollipops

You will need:

- A banana**
- 2 lollipop sticks**
- A plain chocolate bar**
- A microwavable bowl**
- A knife (use with adult supervision)**
- Sprinkles**

- 1. Peel the banana and cut it in half. Push a lollipop stick into each of the banana halves.**
- 2. Put in the freezer for 1 hour or more.**
- 3. Ask an adult to help you melt the chocolate. You can do this in the microwavable bowl by heating for 30 seconds then stirring, repeating this until it is melted.**
- 4. Remove the bananas from the freezer and dip in the melted chocolate.**
- 5. Quickly cover with sprinkles.**
- 6. Enjoy one of your banana lollipops now, and pop the other one back in the freezer to have another time!**

Prayer Points

Think of one situation that you find tricky or hard.

Pray that God would fill you with joy in that situation.

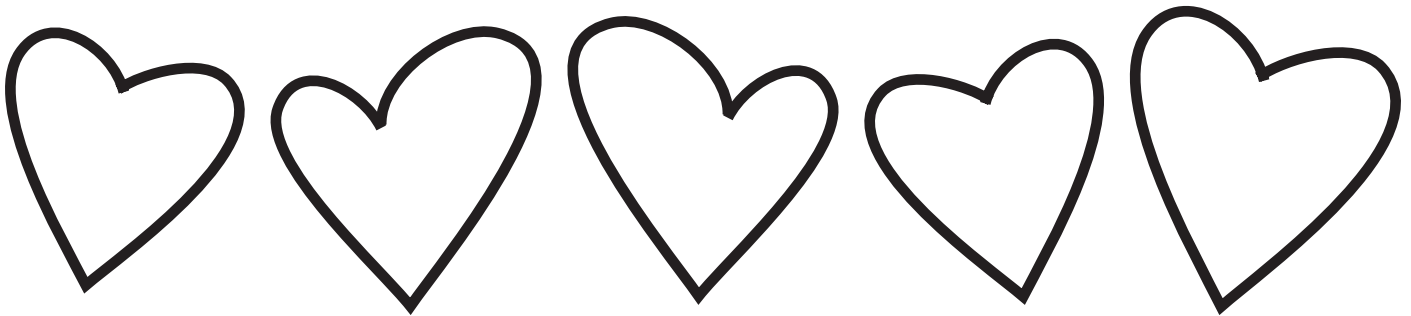
Find a special place in your home or garden that brings you joy then spend some time thanking God for the joy He brings.

Let's Pray!



**Dear God,
thank you that you fill me with wonderful joy. Help me overflow with your joy
so that everyone around me can see you are living in me! Amen**

**God can fill everyone's heart with joy.
Write down 5 names in the hearts of people you would like to pray that they
know the joy of the Lord.**



**Dear God, you can fill all our hearts with joy, please fill the hearts of
[say names] with joy, Amen**

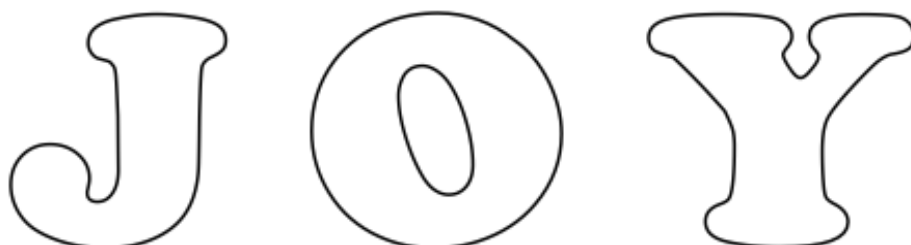
Let's make

Today we are making a JOY banner

You will need:

**Scissors
Colouring pens
Tape
Some string**

- 1. Colour in these letters with bright pens**
- 2. Cut out the letters and tape them to the string**
- 3. Hang them up in a place for everyone to see.**



Enjoy decorating this picture. Once you have finished, attach the picture to a stick with tape. You have made a flag that you can wave around to show how joyful you are!



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